

# Jan Scholten

## Secret Lanthanides

Extrait du livre

[Secret Lanthanides](#)

de [Jan Scholten](#)

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## 1.13 Seven levels

In homeopathy symptoms can be categorized in different ways. A very well known division is from Vithoukas into physical, emotional and mental. The division of the experience of living creatures into categories is of the utmost importance. This is so because the division is hierarchical. In the division in physical, emotional and mental, the physical level is the lowest in the hierarchy and the mental is the highest. This hierarchy is shown by healing that occurs first at the highest hierarchical level. This is reflected in what is known as the laws of Hering, one of them stating that healing goes from inside to outside.

The question is what kind of division is the best, the most accurate and precise. The division in 3, as Vithoukas has described, is not incorrect, but somewhat crude. I use a division into 7 levels. These 7 levels correspond with the 7 series of the periodical system. It corresponds with the levels of the organs.

### Levels

#### 7. Physical

This is the physical level, the level of material facts, the body. This is the level that regular medicine has reduced itself to.

#### 6. Sensation

This is the level of sensation. It is the sensation of the complaints. The word "feeling" is also used for sensation, but that can be confusing, as "feeling" is also used for emotions and intuition.

5. The third level is that of emotions, the fears, love and hate, desire and aversion, anger and so forth. It's also the level of the will, the desire to be someone.

4. This also is a level of emotions but on a higher level. It's more cooperation, feeling of belonging to a group.

3. This is the level of thought. It is the level of belief and judgment, also known as delusion. Sankaran uses the concept of basic delusion. This level expresses itself in language, in words.

2. This is the level of image. It's vision and insight. Together with the thought level they are called mental. The image level though is essentially different from the thought level. The expression "one picture can tell more than 100 pages of text" exemplifies this. Images give insight; words can induce images that give insight. This is also the level of the life story, the experience on earth.

1. The seventh level is knowing. This is also known as intuition. It's a very abstract level, archetypical.

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### Table Levels, Series and

| <b>Senses</b>   | <b>Series</b> | <b>Sense</b>   |
|-----------------|---------------|----------------|
| Level           | Uranium       | Smell          |
| 1 Know          | <b>Gold</b>   | Vision         |
| 2 Image         | Silver        | Hearing        |
| 3 Thought       | Iron          | Proprioception |
| 4 Emotion, Love | Silicon       | Taste          |
| 5 Emotion Will  | Carbon        | Touch          |
| 6 Sensation     | Hydrogen      |                |
| 7 Physical      |               |                |

### Use

I use this level model in the evaluation of cases. The higher the level of healing the deeper the healing is. A level of change in insight or change in life story is one of the most important changes, more important than a general feeling of well-being.

### Comparison levels of Vithoukas

The levels of Vithoukas can be seen easily seen. His mental level is the combination of the thought and image level. His Emotional level is a combination of the sensation, and emotional levels. The physical is the same.

### Comparison levels of Sankaran

Sankaran's levels have many similarities but also differences. The biggest difference however is that Sankaran describes his levels as cyclical instead of hierarchical.

His sensation level can be found in the sensation level and Image level. The concept "Sensation" in a way is problematic. Regular medicine sees it often as something physical, as part of the nervous system and it's used accordingly. But a sensation cannot be materially measured, which makes it clear that it's not physical, although closely related to the body. This close relation can also be recognized from the fact that sensation is connected to parts of the body, something that's seldom said of emotions. One has a "stitching pain in the head", but one seldom speaks about "anger in my hand".

At the other hand, "sensations" are applicable to many levels. So one can speak about a "prickly thought" or "warm emotions". This is due to their archetypical aspect. Sankaran has applied that by transferring sensations into gestures. But gestures have a spatial aspect and are thus at the image level.

I see this as confusion: the sensation is not just a sensation anymore and has become an image, a symptom of level 2. That's why Sankaran can centralize it to the "Vital Sensation".

Sankaran's Name level is on the Thought level.

Sankaran's Delusion level is a combination of the Thought and Image level.

### Table Levels, Comparison Vithoukas and Sankaran

|    | Level           | Vithoukas | Sankaran            |
|----|-----------------|-----------|---------------------|
| 32 | 1 Know          |           | Energy, Seventh     |
|    | 2 Image         | Mental    | Delusion, Sensation |
|    | 3 Thought       | Mental    | Delusion, Name      |
|    | 4 Emotion, Love | Emotional | Feeling             |
|    | 5 Emotion Will  | Emotional | Feeling             |
|    | 6 Sensation     | Emotional | Sensation           |
|    | 7 Physical      | Physical  | <b>Fact</b>         |

## 2.4 Power

Power is another very important concept for the Lanthanides. This is in common with the rest of the Gold series. The difference is that the Lanthanides direct the power to themselves. It's more directed inwardly, to their inner world. It's more self-control, whereas the rest of the Gold series directs the power to the outer world.

The power theme also applies to the technical influence of the Lanthanides on our culture. The Lanthanides are essential and indispensable for the electronic and digital revolution. Strong magnets such as only the Lanthanides can provide, are necessary for miniaturizing electric motors. They are used in all kinds of light equipment like lasers, CD's and color television.

In philosophy power represents the ideas of the Enlightenment and the universal declaration of human rights. These ideas stand for autonomy and freedom, to think and express oneself. Equality of all people is the consequence of autonomy for everyone. The flowering of arts, sciences and technology can only take place in this kind of spirit.

The name of Promethium, one of the Lanthanides, comes from Prometheus. He stole fire from the Gods and gave it to man. Fire is one of the first forces that humanity could control. Control of fire is symbolic of the understanding of the powers of nature and thus being able to control them.

Pandora's box is very well known. Pandora's box is symbolic of the powers of nature. Once you have knowledge of them, you can do immense good with them, but also produce enormous disasters. The knowledge of the atomic bomb cannot be wiped out anymore.

### **Stage 1: Caesium**

Just exerts power, but in a naive way. No one will be impressed by it, they will tend to be laughed at.

### **Stage 2: Barium**

Barium asks himself what his power is. He fears using it, not knowing what it will bring or what harm it will cause. He fears it can provoke a reaction that will harm him. So he has the tendency to deny his power and become passive. He can develop a survival strategy for the weak and powerless, which is not dangerous at all and everyone laughs about.

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### **Stage 3: Lanthanum**

Tries to find out where his power is and how he can use it.

### **Stage 4: Cerium**

Cerium is stuck in some no man's land where he cannot exert any power. He has to do it in his inside world.

### **Stage 5: Praseodymium**

Praseodymium is very cautious with his power. He fears he will be depleted easily by exerting his power over things that are of no use. He wants to find out how he can use his power, before he has squandered it in vain.

Stage 6: Neodymium

Neodymium has to prove his power by doing all kinds of things that are difficult, dangerous and forbidden.

Stage 7: Promethium

Promethium researches further possibilities of where he can find and exert his power.

Stage 8: Samarium

Samarium exerts really significant power under pressure. They build and realize big things with their continuous exertion of power.

Stage 9: Europium

Europium knows he has power, but he still has doubts about it. His tactic is to be clever instead of doing things with his power.

Stage 10: Gadolinium

Gadolinium knows that everyone has equal power and that it is harmonious. Things are proper the way they are.

Stage 11: Terbium

Terbium has to maintain his power. He has to go on and cannot relax out of fear it will slip through his fingers.

Stage 12: Dysprosium

Dysprosium has to defend himself and others against attacks. His power is used as a defense against everything that's unclear and threatening.

Stage 13: Holmium

Holmium uses his power selectively. He uses it only in situations that he can handle. In situations where he feels he will be overpowered he will withdraw.

Stage 14: Erbium

Erbium feels he has no real power anymore. Even when he has power internally, he feels he has no power to exert it in the world. But he covers it up behind a mask, not showing his lack of power.

Stage 15: Thulium

Thulium feels he's losing his power. Even when he has power, it's useless in the situation he's in.

Stage 16: Ytterbium

Ytterbium feels like an outsider who doesn't need to exert any power. It has no use, he feels it is in vain.

Stage 17: Lutetium

Lutetium uses his power freely, by his own choice. It's a kind of game, that will give him the most freedom.

|   |  |
|---|--|
| <p>Samarium</p> <p>Do gooder</p> <p>Struggle<br/>pressing<br/>Hard<br/>Migraine<br/>Realize<br/>Build</p>   |  |
| <p>Stage 8</p> <p>Persevere<br/>Endurance</p> <p>Force<br/>Push<br/>Press<br/>Struggle<br/>Confront</p> <p>Deadline</p> <p>Compress<br/>Concentrate<br/>Calculate<br/>Plan<br/>Heavy<br/>Tension</p> <p>Realize<br/>Construct<br/>Build<br/>Struggle</p> <p>Resistance<br/>Obstruction<br/>Opposition<br/>Oppression<br/>Through<br/>On<br/>Per</p> <p>Pressure</p> | <p>Lanthanides</p> <p>Autonomy<br/>Freedom<br/>Indepen-<br/>dence<br/>Own boss<br/>Self<br/>Self-control<br/>Reflection<br/>Inner world<br/>Deep<br/>Light<br/>Shadow<br/>Therapist<br/>Creative<br/>Humaninist<br/>Searching<br/>Quest<br/>Precocious<br/>Honest<br/>Real<br/>Loner<br/>Reserved<br/>Saviour<br/>Sexual</p> <p>Big eyes<br/>Desire sleep<br/>Tense<br/>Electrified<br/>Immunity<br/>Auto-im-<br/>mune<br/>Paralysis<br/>Brain<br/>Migraine<br/>Eyes<br/>Liver</p> |

## 8.1 Samarium metallicum

Samarium's quality is heaviness. All the Lanthanides are heavy, but Samarium is extremely heavy. It's as if they carry the burden of the whole earth on their shoulders. They carry on doing things against all resistance and pain. They are real builders. The heaviness and pressure expresses itself strongly in migraines. Samarium is the most pronounced migraine remedy of the Lanthanides.

### Analysis

Forcing to become independent  
Building independence and freedom

Pressure to gain freedom  
Concentrated constructive power  
Realizing autonomy  
Working hard for autonomy  
Lonely fight for freedom  
Pressure of freedom  
Working hard to become free  
Being a savior involves hard work  
Creating something big yourself  
Heavy task of spiritual development  
Opposed in their quest  
Forcing self-control  
Forcing spiritual development  
Achieving spiritual development  
Lonely builder  
A fighting therapist

### Forcing to become independent

They have the feeling that they have to do a lot in order to keep their independence. They work under pressure for the benefit of others. This leads to even more pressure and tension than in the other Lanthanides. They have the feeling that there's still so much to do. They have an enormous power that they can use to create something big. They are real constructors, both in the physical world and in the psychological world. They can push through even when the task looks impossible or Herculean.

### Heavy task of spiritual development

The pressure can also be a kind of feeling that they want to develop spiritually but they don't have enough time left in life to do it.

### Opposed in their quest

They often feel opposed and obstructed in their goal. People don't seem to see the value and benefit of what they are creating and even see it as threatening. The opposition is often felt as criticism and it feels harsh as

they are trying as hard as they can to do good for humanity. It feels like being hit by the arrows of the Stymphalean birds. But they keep going on and not giving up, even against all odds. They mostly work on their own, seeing this as their quest, their own personal choice in life. And everyone is free to do the same or something else, so they won't try to force others.

#### Forcing spiritual development

They can experience a desire for spiritual development. They want to be able to control themselves. But they tend to do it in a forceful way. It looks as if they want to reach liberation in a few weeks. They force themselves to be free, free in the outside world and in their inner world.

#### Mind

Do-gooder, starry-eyed idealist.

Builder of an ideal world.

Pushing through ideal and visionary images.

Indomitable, uncompromising.

Build Delusion: he's stupid to let himself be blocked and carry everyone.

Being locked in all the tasks taken on.

Profession: constructor, builder.

Myth: Heracles fighting the "Stymphalean birds."

Myth: The Good Samaritan.

#### General

Sweat: copious« night.

#### Physical

Migraine (3).

Medial muscles of the eyes; glaucoma.

Lungs: granulomas, pneumoconiosis, bronchitis, pneumonia, tuberculosis.

Chest pressure, very heavy.

Liver pain, the pain spatially having the form of an old fashioned key.

Liver problems: necrosis, fatty degeneration; spleen problems.

Colitis, diarrhea.

Kidney problems.

Male: testis, epididymis, seminal vesicles, infertility.

Female: ovaries, uterus, infertility, miscarriage. Birth expulsion difficult.

Arthritis.

Blood: platelets, coagulation problems.

#### Symbolism

Myth: Heracles Labor 5: Heracles kills the Stymphalean Birds.

Myth: The good Samaritan.

|             |              |
|-------------|--------------|
| Erbium      | Carbon       |
| Powerless   | Values       |
| Flat        | Meaning      |
| Gloom       | Selfworth    |
| Resigned    | Father       |
| Laconic     | God          |
| Aloof       |              |
| Stoic       |              |
| Irony       |              |
| Stage 14    | Lanthanides  |
| Disengage   | Autonomy     |
| Coward      | Freedom      |
| Diverting   | Independe-   |
| Distract    | dence        |
| Discarded   | Own boss     |
| Dismissed   | Self         |
| Disposed    | Self-control |
| Eliminated  | Reflection   |
| Discharged  | Inner world  |
| Drained     | Deep         |
| Weak        | Light        |
| Empty       | Shadow       |
| Detached    | Therapist    |
| Indifferent | Creative     |
| Irrespon-   | Humanist     |
| sible       | Searching    |
| Distant     | Quest        |
| Formal      | Precocious   |
| Mask        | Honest       |
| Mummy       | Real         |
| Fossil      | Loner        |
| Dis         | Reserved     |
|             | Saviour      |
|             | Sexual       |
|             | Big eyes     |
|             | Desire sleep |
|             | Tense        |
|             | Electrified  |
|             | Immunity     |
|             | Auto-im-     |
|             | mune         |
|             | Paralysis    |
|             | Brain        |
|             | Migraine     |
|             | Eyes         |
|             | Liver        |

## 14.5 Erbium carbonicum

### Analysis

Powerless to remain independent from father  
 Powerless to keep independence and self-worth  
 Father helps to keep their autonomy  
 Powerless to give meaning freely  
 Father is too weak to keep his autonomy  
 Father has only formal independence  
 Father has only formal self-control  
 Father is in a gloomy state  
 Father is diverting in order to stay free  
 Father is formal  
 Father is powerless to give freedom  
 Father brings forebodings of failing  
 Forebodings of loss of father  
 Ironic father  
 Idea that God is powerless  
 Forebodings of losing freedom and self-worth  
 Powerless to find the values in life and freedom

### Powerless to remain independent from father

They are too weak and powerless to keep their independence from their father. They have a gloomy feeling that something terrible is going to happen that will make them too weak to stay free of their father. This can lead to a feeling of having no self-worth. Their lack of power to be themselves leads to a feeling of having no real value for themselves. This can lead to a distant attitude, questioning the values in life. They can become very ironic about religion and morals, questioning the motives and morals of others.

### Father is powerless to give freedom

They have a feeling of being too powerless to be in control of their own life and personality. They can try to persuade their father to empower them. But he often has no real power in helping them. Their father is too weak and powerless to be able to give them strength and autonomy, although he can hide this behind irony and distance.

### Father is too weak to keep his autonomy

Their father can be a weak person, too weak to stay independent. He has no real self-control, although on the outside he may look like he is in control. His irony and distant way of behavior may give him the air of being in control. But it's a mask that covers his feeling of having no real power and the least force will make him give up his autonomy. By dodging all the real issues he tries to hide his lack of power. Their father may get into a gloomy state of fearing something terrible is about to happen, without knowing what.



## 14.6 Erbium carbonicum and Erbium oxydatum case

Width 7, Depth 7, Cure 7, Duration 5

A man of 50 years of age has had depressions since his early teens. His story is as follows:

"I was born in South Africa. I lived there until I was 9 years old. During the time my family moved around many times for the changing jobs of my father. Till 9 I had been to 26 schools. I have very few memories of this period in my life. Both my parents were married before they met. Each had a child from the first marriage. My mother had a daughter and my father had a son. They went on to have 4 more children, me and then 3 younger daughters. I did not get on well with my older stepbrother. I was always messing up his stuff and driving him crazy. I think I was closest to the sister born after me and also to my older stepsister. I did not really know my father. In South Africa I was too young and later he was usually travelling around and spent little time at home. In consequence we were raised by my mother. Her own upbringing was very strict, very Victorian. In her frustration, she used to hit us with a wooden spoon to discipline us. Some of this desperation comes out in me particularly when I'm dealing with my own children. My anger builds up into an uncontrollable volcano and then explodes.

My family moved abroad where my father set up an engineering consultancy business. After 18 months we moved to England. My first school was a boarding school; during this time I suffered from migraines and the sight in my left eye deteriorated as I had a detached retina. This was not picked up on until much later when it was too late to operate and save the sight of my eye. The migraines continued infrequently for many years until the age of 40 years, when I avoided eating oranges and bananas, particularly together. In my 15th year the eye consultant who was treating my left eye noticed holes forming in the retina of my right eye. The condition was successfully operated on and the condition stabilized until recently. Now for about two years, I have noticed a cataract slowly forming in the lens of the right eye. I have referred this to a consultant who says that the sight has not deteriorated enough to warrant an operation (I can still legally drive a car). I have tried treating this holistically but without any success. For near sight I must remove my spectacles and I have small black spots and floaters in my vision. These do come and go and seem to be related to stress.

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When I was 16 I had mumps. This was not too serious but it developed into encephalitis and I was hospitalized. The pain was so bad that I just wanted to die. I had a lumbar puncture at this time.

When I was 20 years, I moved in with my first wife. While driving my father's car I had an accident with her son in the car. He was badly damaged and needed hospitalization. The other passenger, my closest friend at the time, was killed. I was hardly injure. This was difficult for me to bear and soon after I cut my wrists, the wrong way, it was a cry for help! My wife and I lived together for about three years before we married, partly because we could not, as she was still married and partly because I did not think it necessary. During this time we had two children of our own, a girl and a boy. We would have frequent rows, which would get very heated and sometimes, maybe on about 3 or 4 occasions, I hit her. I left her when I was 35 years. The children stayed with her for 4 years and then they came and lived with me. They have now made their own way. My daughter has a boy from a difficult relationship and

raises him on her own. She has also been married; this too was a difficult and abusive relationship.

My father died when I was 22 years from an aortic embolism, very quick. I had to see the body, to know that he was dead, to believe it.

I've since remarried. My wife has two daughters from a previous relationship and we have now a son.

My memory, both short term and long term, is bad. Even before our son was born, I would be tired, now I'm exhausted and suffer from lack of sleep. This affects my concentration and also my energy. My energy is low even though I eat very well, too well judging from my weight: I could easily shed 20 kilos. The weight gain has been steady over the years. I want to eat, to be full up.

I'm chilly; I need to have warm feet to sleep at night so I usually wear socks.

The heels of my feet crack easily. If I only wear sandals, the deep cracks appear unless I cream out my feet. The left heel is worse than the right heel.

I suffer from flatus and eructations, regardless of what food I eat. My stool is regular.

Very itchy ears and anus.

I have been unable to read books for about three years, lack of concentration and interest. I just want to watch a video or play computer games. I'm suffering from depression for many years; this also shows in regular pattern with work and outside interests. I start with great enthusiasm and then very quickly lose interest. I run out of steam, but it looks I can't be bothered I can't complete. I have not found a job or activity, which I'm happy in, though I have tried many things.

I have an issue about authority and will hit against it.

Twice or three times a year I get a throat infection which does not clear up and goes on to my chest, then I am really ill and usually need to spend a few days in bed.

I'm closed; it's not normal for me to share my feelings and emotions with anyone."

He has difficulty completing things. He takes on things with enthusiasm for a few weeks, but then he has no will to complete them. This is due to a feeling of being inadequate, not being capable of doing anything. So he withdraws and finds shelter in everyday jobs.

He has difficulty to fill in forms, postponing it to the last second. Then he works on it the whole night to deliver it himself.

He has an aversion to routine so doesn't get it done, saying "Their expectation means that I have to perform". He's losing his esteem. He's blocked by a lack of internal fire, drive. He's trained as a homeopath, but has no diploma.

He feels being taken for granted, not appreciated, not understood.

He has no joy in his life, no enjoyments, no reading or listening to music.

He feels cut off, isolated, cynical.

He feels different, not knowing how to become one of the gang.

He goes around the problems.

He is irritable, to his wife, his children and at work.

Migraines, excruciating, » vomiting << putting head in the snow.

17th: encephalitis with excruciating headaches.

Car accident: there was no care taken of him, his wife put all the attention to

the child, no space or time for him, with the feeling of having no future.

Weather: chilly, -> warmth, -> sauna, steam bath.  
Desire: chocolate (2), salty meat (2), spicy, cheese, rice  
Aversion: cauliflower.  
Food: < banana, orange.  
Sleep: sleepless, no dreams.

#### Analysis

The eye problems and migraine indicate the Gold series. The Lanthanides are indicated by his aversion to authority and his feeling of being different. And he's not a manager.

The determination of the stage was difficult. He feels detached, indications Cerium, Erbium and Ytterbium.

The problem with father points to carbonicum. Thus is confirmed by the deep cracks in his heels.

The Oxygen qualities are indicated by the being neglected by his father and also mother. The qualities of it came more to the front after he was improved already quite well with Erbium carbonicum. He started to tell "I'm not appreciated. I'm dirty, not in tune with myself. I feel selfish and I inflict my mood on other people, they have to deal with my shit". The words "dirty, selfish and shit" are typical of Oxygen.

#### Confirmations

Lanthanides: feels different,  
Stage 14: going around the problems (diverting), no future.  
Erbium: cut off, isolated, cynical (can also be Holmium), holes and detaching retina  
Carbonicum: father, not appreciated,  
Oxydatum: their expectation, not appreciated, dirty, selfish, shit.

#### Follow-up

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After Erbium carbonicum he feels changed. He feels more positive, has again motivation. He can feel like part of a group. His feeling of having to be acceptable to people has changed into the idea "Why should they like me?". He is proving himself to make him self-worthy. He changed his job into a new one that he likes more. His depression still is there, but not as deep and not continuous anymore.

After a year the change isn't continuing. He feels flat again and with low energy. He's irritable with his children because they don't do what he asks or tells them. He's angry because he's not appreciated. He's feels dirty with himself, not in tune with himself. He feels selfish saying: "I inflict my mood on other people, they have to deal with my shit".

After Erbium oxydatum he feels very well. His balance point is within him, controlled by him, instead of outside of him as in the past. He's in control of himself. His depression is much less deep.

After in total two years he's doing fine.

As I was a bit confused about which of the two Erbiums was the really good

one, I asked him about the difference between Erbium carbonicum and Erbium oxydatum. He tells: "Erbium carbonicum helped me to make a road in myself, so I can go ; it's a very deep change, a sub foundation; Erbium oxydatum filled in the potholes, made the tar on the road, so I can go fast; these remedies work together".

In the beginning Ammonium carbonicum had helped him temporarily. Cerium, Ytterbium carbonicum and Chamomilla had no effect.



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