Paediatric Team I.C.R.
Paediatrics in Homoeopathy: An Approach

Extrait du livre

Paediatrics in Homoeopathy: An Approach

de Paediatric Team I.C.R.

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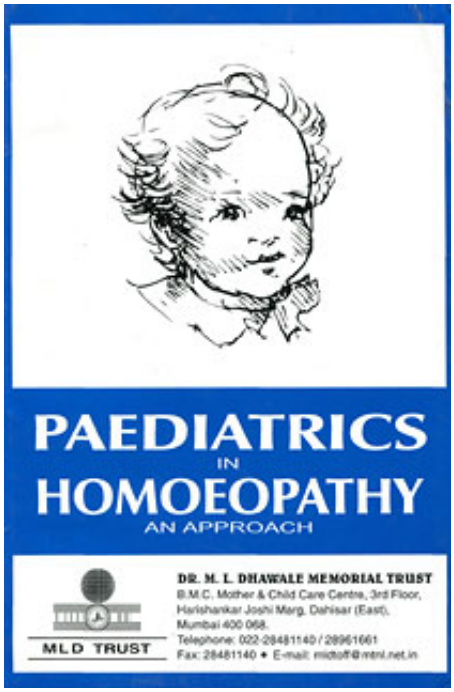

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TOWARDS BETTER THERAPEUTIC STRATEGIES

Dr. Dilip Dikshit

What constitutes a rapid, gentle and permanent cure in a case of pneumonia or typhoid? How do we translate this ideal definition of cure into operational parameters, to guide us in formulating effective therapeutic strategies? Our standards are a reflection of our time and circumstance. Boger, the master prescriber, states, "The well indicated remedy usually finishes up your typhoid cases in ten to fourteen days, about the time you would ordinarily think you had a real typhoid to deal with." (C. M. Boger: Collected works, page 100). In the pre-antibiotic era this was a perfectly legitimate objective, far superior to the results of any other method of treatment. How many physicians and patients would be happy with this result today? The introduction of newer and newer antibiotics has changed the expectations of the therapeutic outcome. But it has also increased the cost of treatment and the side effects. Can Homoeopathy offer better results? in a shorter time? at a lesser cost?

Borland revolutionized the Homoeopathic management of" pneumonia by adopting the strategy of high potencies with frequent repetition till the point of resolution by crisis. This was a significant improvement over the strategy of resolution by lysis, in vogue then. We must imbibe the same spirit and continue to search for improvement in the quality of results as well as in their speed. This is possible only if the fundamental principles of the dynamic process of healing are grasped correctly. What are the guiding principles and therapeutic strategies that we use for effective Paediatric Practice?

The most important lesson that we have learnt is that irrespective of the presentation or the urgency of prescription, there is no substitute for defining the case fully and comprehending the Totality in its entirety, at the level of expressions as well as the disposition. Unprejudiced case-taking to uncover accurate factual data is of paramount importance. Once this is done, it becomes possible to envision the on-going battle between the host and the obnoxious agent. This allows us to find a suitable remedial force which covers the peculiarities of the host as well as the stage of disease. While making this decision, we should not take a limited view of the presenting illness, but formulate

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the entire plan of treatment including the acute, chronic/constitutional and intercurrent forces and the sequence in which they would be needed. The acute, superficial acting remedies help us tide over the acute phase, but need to be followed up by deep-acting constitutional remedies to complete the cure. We should know what the remedial force that we are employing is capable of achieving in a case.

The selection of the potency, the repetition and the time of releasing the remedial force depend upon an accurate assessment of the pathogenesis as well as the pathology, and the qualitative assessment of Susceptibility and Sensitivity. All natural phenomena pass through Simple Harmonic Motion. Natural diseases also pass through ascent and descent in a periodic manner. They are responsive to natural cyclical changes like Day/Night, High Tide/Low Tide, Moon Phases, etc. We need to observe these changes in disease activity and introduce remedial forces at the right time, i.e. when the disease activity is on the descent. It is important to have the judgement and the patience to act at the right moment.

The study of pathogenesis allows us to employ the minimum force required to give direction to the susceptibility and to generate the momentum for healing. What is most important is not to let this momentum slacken. This can be achieved by the introduction of further complementary forces which support the momentum. Lingering with the force which has finished its job should be avoided.

What force to employ and in what sequence is determined by the Totality. Many times, we have to act without the availability of a clear form and at times we choose to ignore the form. Accurate assessment of the state of pathology and pathogenesis, coupled with the knowledge of remedy relationships, allows us to release appropriate actions. The concept of Remedy relationship can be understood by taking the example of the universe. We have Galaxies, Planets and their Satellites. A satellite is dependent on its planet, just like an acute remedy on the chronic/constitutional remedy. Planets may belong to the same galaxy or to a different galaxy. Similarly remedies share relationships with each other. In fact, the actual choice of a remedy rests on the definition of the case as a whole and the concept of remedy relationships. This must be kept in mind while studying the specific indications of the remedies given elsewhere in this book.

This approach demands a high degree of precision in terms of

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remedy selection, potency selection and timing of administration. If the initial actions are wrong, it becomes very difficult to recover the lost ground. In such situations, we should not hesitate to start allopathic treatment in the interest of the patient's well-being.

The experience of the last 2 years has proved that a Homoeopathic Hospital is a viable proposition and results can be achieved in a short time. We have become aware of many areas of deficiencies and also of new horizons. We are confident that a lot more can be achieved by exploring new strategies and improving our skills and judgement. The team will continue to strive in that direction.

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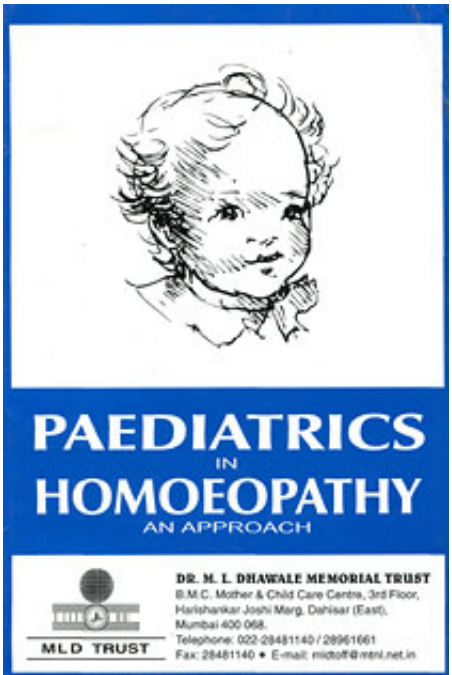

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