

M.R. Deepak

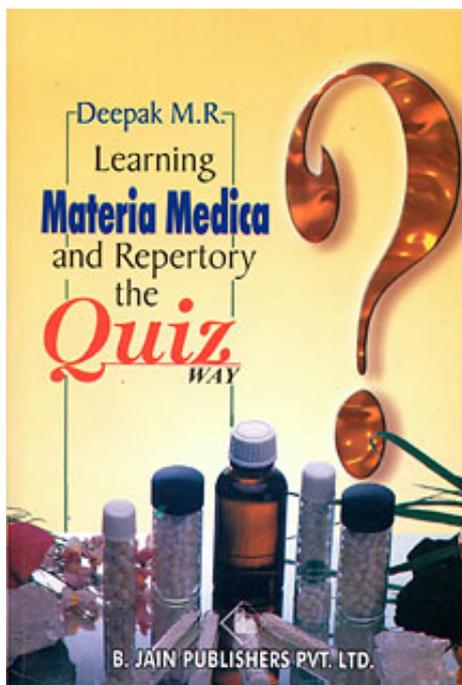
Learning Materia Medica and Repertory the Quiz Way

Extrait du livre

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de [M.R. Deepak](#)

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KEYNOTES Quiz

Keynotes or the striking and peculiar symptoms of remedies are one of the most popular "techniques" used for prescribing.

Among the various symptoms for each remedy there are a few which are so striking that it would help you to identify the remedy very fast. These symptoms are the keynotes of the remedy. For instance, if the patient is worse after being exposed to a dry, cold, east wind then immediately you are reminded of *Aconite*. This symptom is a keynote of *Aconite*.

Guernsey was the person who popularised keynotes. Lippe, Allen and Nash were the others who gave a lot of importance to keynotes.

In fact, H C Allen's "Keynotes of the leading remedies" is one of the most popular homeopathic books and is a must in the library of any homeopath.

Nash says that to be qualified as a homeopath, a student should be able to answer a keynotes exam (quiz !) and score more than 90%.

However, one must remember that prescribing on one keynote, is not reliable. The rule of three comes to mind, which calls for considering atleast three matching keynotes for a remedy while prescribing.

A stool with one leg is liable to collapse, a stool with two legs is shaky but a stool having three legs stands firm, similarly prescribing on one or two symptoms may be shaky, it is therefore required to consider atleast three key symptoms while prescribing.

And also a keynote may not be exclusive for a particular remedy, for instance, as in the above example, exposure to dry cold east wind is a keynote of Aconite, and always makes us think of Aconite, but a look at, Kent's repertory reveals

that there are many other remedies other than Aconite indicated for East wind, including Hepar sulph, which has the same grade of three !

So, in this quiz, you may find that for some questions, the answer you have written and the answer at the end of the book, don't match. Don't worry ! As long as the symptom is covered by the remedy, your answer is correct.

Remember again, the objective of keynotes quiz is to impress the key symptoms in the mind, so that we can recollect it later and use it for off-hand prescribing.

This section contains 200 questions each corresponding to a keynote(s)

Key Notes Quiz

1. Fear of imaginary things, wants to run away from them

2. Throws things away indignantly, or pushes them away on the table.

3. The child cannot bear to be touched or looked at

4. Hears voices and sees animals after having taken alcohol often, in small doses

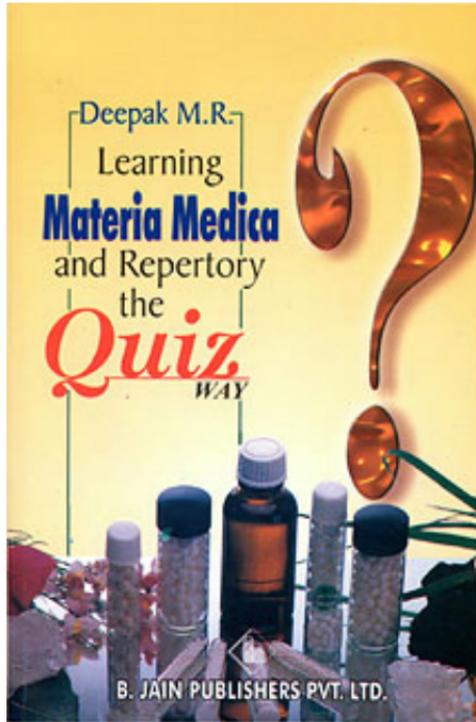
5. Cannot find the right word for a thing

6. Great indifference and lack of will power to do anything

7. Fear of being alone

8. Ugly, irritable, desire to curse and swear

9. Fear of being touched by persons coming towards him



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