

S.K. Sharma

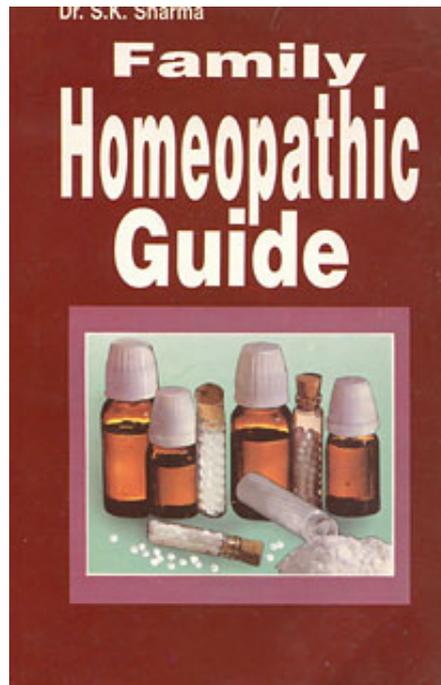
Family Homeopathic Guide

Extrait du livre

[Family Homeopathic Guide](#)

de [S.K. Sharma](#)

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Tel. +33 9 7044 6488

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CHAPTER - I

INTRODUCTION

Homeopathy and Homeopathic treatment are the terms which hardly need any introduction. This system of medicine is almost two hundred years old and ever increasing number of physicians, practising in this system as also mounting number of patients will suffice to bear testimony to the fact that homeopathy has come of age. Even though other systems of treatment have certain advantages and are quite popular also but due to certain reactions, emanating from some drugs, have made homeopathy more acceptable to masses; hence its popularity.

The Word 'Homeopathy' owns its origin to two Greek words 'Homoios' which means 'Familiar' and 'Pathos' which means 'Disease'. Basing his faith on the newly coined phrase 'Similia Simile Bus Curantor' Dr. Hahneman laid foundation of homeopathic system of medicinal treatment which invariably means, 'Let similars be cured by similars'. To elucidate the theory further, it may be inferred, rather established, that a drug when administered to a healthy person, creates some symptoms of its own but, if a person suffers from any or all or some symptoms, as produced by the drug (drug-induced symptoms). then that very drug will cure the ailing person from his symptomatic ailment. Entire Homeopathic theory is based on the aforesaid basic law of 'Similars'. Dr. Hahneman was the founder of this unique theory But for his relentless pursuit, abiding faith in this system, hard labour, world would have renamed poorer.

Main purpose to introduce this book is to enable the toiling, ailing and helpless patients to treat themselves, their kith and kin and their acquaintances quickly and without much expense. We are aware that ever rising cost of living and other unavoidable expenses have

sufficiently put extra strain on everybody's pocket. In such an odd situation, when running of even bare minimum needs of one's family is not possible and if the domestic bill is further inflated by costly medical treatment, life will become further miserable and pitiable. Costly medical treatment is out of reach for a common man. He does not want to shell out extra money but, at the same time, desires a quick relief. Thus, constraints and compulsions force him to take recourse to expensive and beyond-reach medical treatment as a result of which his own regular (domestic) expenses are required to be tightened and also tapered down.

In order to obviate a genuine problem and requirement of a common man, an effort had been made to refer to only those diseases and other health problems which it is believed, could be ably alleviated at much lower cost. But, at the same time, leaving no or very negligible trace of side-effects and thus provide quick (if not instant) relief. So, after reading fully, all contents of the book, it is hoped that the patient and general readers will be convinced that homeopathic treatment has no or very negligible side-effects, is quick in action, is safe and also cost effective.

It is suggested that entire book may be read and studied in entirety in one or maximum two sittings. This will give the reader an insight into and first hand knowledge into the art of Homeopathic curability and its general applicability. Once important and salient aspects have been understood and assimilated, one can always refer to the 'Index' (and the end of the book) and look for specific drug treatment thereby. Perseverance to a cause leads to success and without an honest and sincere effort there is no royal road to success.

Presuming that this book will reach out to common-man, language used is quite simple, as far possible, and there is no intention, overt or covert, to discuss and unravel complicated aspects. As already stated, this book is intended for the use and benefit of a common man and the diseases, generally and commonly experienced at home, have been taken into account. Diseases, which require to be treated by a specialist physician have been deliberately left out.

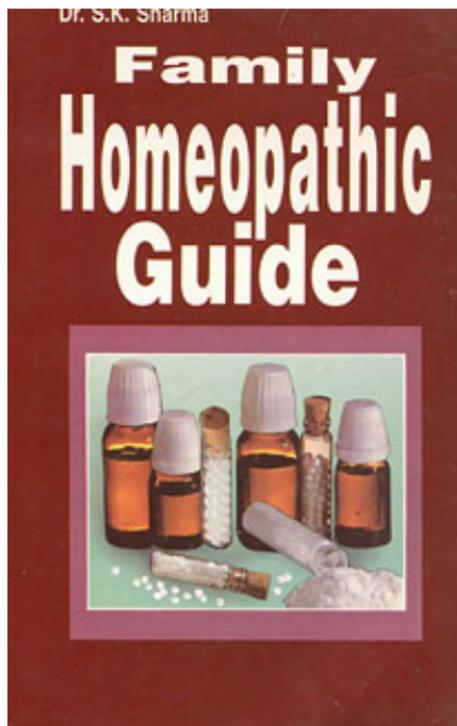
Diseases of so called modern civilization like Hypertension (Blood Pressure), Diabetes and certain faulty-posture-related diseases insomnia, worry and anxiety etc. have been discussed in more detail.

For any sudden or chronic complication or when an emergency medical attention and help is considered necessary (as in heart attack, kidney problems, hypertension accident-related problems, delivery

problems etc.) the patient must be treated by a qualified physician without an iota of delay because even a few minutes' delay may cause death to the patient. So, in emergency state, do not stick or try at all domestic recipes or treatment, instead rush fast to seek a specialist's help and guidance.

Homeopathy is no challenge to any other therapy. It is not jealous of any other therapy. We believe that the only aim of each therapy is to provide instant relief to the suffering humanity and homeopathy is no exception to that. All systems of medicine, hopefully, will work in hand-and-glove with one-and-another and prove complementary to each other. On assurance and condition of anommity a few allopathic doctors do concede and confide efficacy of homeopathy in certain diseases and so do some homeopaths enlogise allopathy which, to our mind, is a welcome sign, and good efforts, like this, must be furthered, nurtured and encouraged by all just and right thinking people.

—Dr. **S.K.** Sharma



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