

# Vassilis Ghegas

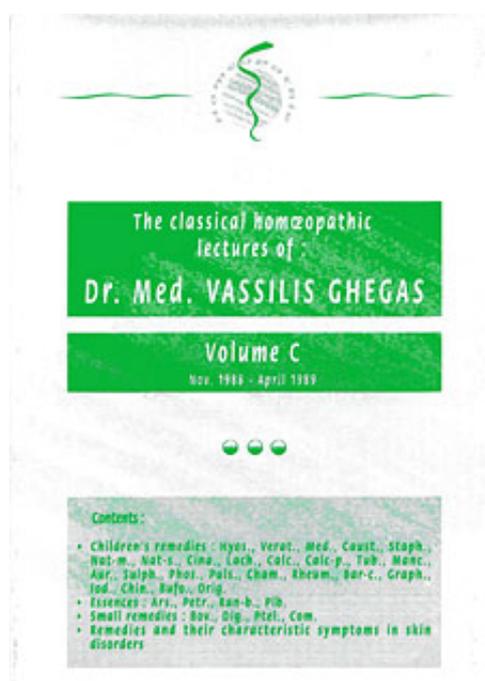
## Classical Homeopathic Lectures - Volume C

Extrait du livre

[Classical Homeopathic Lectures - Volume C](#)

de [Vassilis Ghegas](#)

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# IODUM - CHILD

They have too much energy, they always need an outlet for it.

- An IOD.-child can't be quiet, not even when they have to eat, they walk around while they are eating (restlessness during lunch).

They have the tendency to hit people around them (or even to kill).

- They are very warm blooded.

They have a ravenous appetite, they can eat a lot and yet, they won't grow fat.

*The central idea of IODUM is:*

## **COMBUSTION WITHOUT CONTROL**

The IOD.-person will burn up without any internal control. There are usually problems with the metabolism or the thyroid gland.

The IOD.-child can't control its energy on the physical, emotional or mental level. It is the energy which controls the child and not the opposite.

You can see the idea of combustion without control on every level.

### *The IOD.-child on the physical level*

The child is greedy, it eats without any control. They feel better after a meal (K 478: stomach, appetite insatiable; K 479: appetite ravenous, eating, 3 hours after). They don't grow fat in spite of their ravenous appetite, they can be very slender (K 479: stomach, appetite ravenous, emaciation with; K 1358 emaciation children). This indicates a hyper-active metabolism.

They are very warm blooded: IOD. is the warmest remedy next to SEC..ARG-N., PULS. and APIS. They like the open air.

They are hurried: they are constantly running around, can't sit still to eat. These children eat while walking or running around. They take some food from the table, run outside while eating, then come back to get something else, etc... this continues the whole day. As a matter of fact, they walk very fast.

### *The IOD -child on the emotional level*

' There is an "over"-irritability without any reason (K 58: irritability, children, in). When they get angry, they can get an impulse to kill someone. They sometimes say: "I'll kill you" or "I'll hang you". This may lead to a sudden, impulsive murder (K 60: kill, desire to). So an IOD.-child can kill a schoolmate in a fit of anger (in a case of deep emotional affection).

- They can be incredibly anxious.  
IOD. can show strong emotions which they can't control.
- When an IOD.-child is punished, it can resemble a volcanic eruption: they can be violent then, and beat their parents. Usually, the parents of such a child will already have been to a psychiatrist and the child will get sedative allopathic medication. It seems impossible to suppress the energy set free by combustion without control.

### *The IOD.-child on the mental level*

- The mental over-stimulation usually shows itself in a lot of talking (d.d. LACH.)
- They always talk because they have too many ideas in their mind.
- Having too many ideas makes them forgetful (K 49: forgotten something, feels constantly as if he had). They think of too many things at the same time and they do too much at the same time.  
d.d. CAUST: They also have the feeling that they have forgotten something, which is due to loss of concentration and uncertainty.
- They can't control the many ideas in their mind.
- In young adults, we can sometimes find obsessive-compulsive neurotic thoughts or fixed ideas: they can e.g. be strict vegetarians.

### *General information of IOD.*

- ' Very often, there is restless sleep.
  - They easily produce swollen glands in the neck. You can see these glands very well, because they are so scrawny.
  - IOD. is generally better:
    - \* By eating (K 1357: eating, satiety to, amel.),
    - \* In open air (K 1344: air, open, amel.),
    - \* By moving around (K 75: runs around).
- IOD. is aggravated by warmth (K 1412: warm, agg.).

You have to explain to the parents of an IOD.-child that it is necessary to let the child run around, because this is the best outlet for their combustion without control and their uncontrollable energy.

### *Examples of IOD.-children*

Think of it in a child that becomes scrawny without any reason and still eats a lot.

Think of it in the child who had to sit still at school and as soon as it comes home, has a ravenous appetite and has to eat something, and yet it has to run around while eating. It feels better from eating.

The child who wanted to kill a classmate in a fit of anger.

The IOD.-child who has to go to a shop. On its way, it repeats constantly what it has to buy. When finally at the shop, it has forgotten what to buy, because there were too many ideas in its mind.

The child who takes all his books to school, every day, because it is afraid to forget one.

The youngster at the exam who reads his answers over and over again till the time is up: he constantly has the feeling that he has forgotten something.

The IOD.-patient who has written down all his symptoms when he comes to the consultation. During the interview while reading his paper, he keeps on asking "Have I told you this already?" He constantly thinks that he has forgotten to mention something.

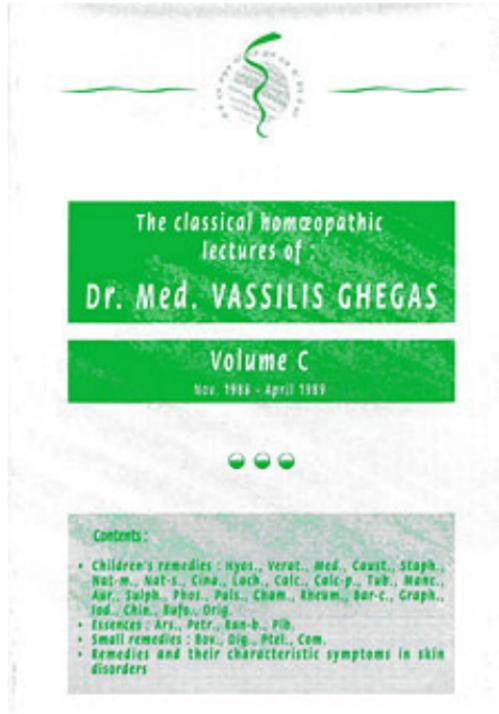
### *Differential diagnosis of IOD.-children*

ARS.:

- \* ARS. is also very restless, and has a restless sleep.
- \* In children, it is sometimes difficult to know whether they are chilly or warm blooded, but IOD. is very warm blooded while ARS. is chilly.

TARENT:

- \* TARENT. likes wild music, to which they constantly want to dance. Music ameliorates them.
- \* They always dance, they dance while working.
- ° They can be as restless as IOD.
- \* They sing a lot.



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